

*Word of Mouth 15 Aug 2023 Therapy Speak*

to stand by the door

to cling to sth

to outsource sth

to get stuck in a rut

to unfold a story

psychobubble

to ingest ideas

be in denial

common currency

forceful

in unstable places

to spark a debate

to put pressure on sm

boundary-less relationship

to fuss around

to flirt with sm

to go askew

gaslighting

self-involved

to feel sufficient attention

the deficit of attention

projected identification

unconscious processes

to establish the vocabulary

to unpack a word

at a corporal level

a consulting room

to take words at some value

to put feelings into words

dislocated feelings

visceral

to reverberate

to chime with sm

to spark off each other

to develop a train of thought

with more vehemence

to parse a feeling

incandescent rage

to come under the rubric of

to dwell on sth

to question yourself

heavily laden

to tap into sth

to mutter sth

emotional literacy

devastated by loss

bereft

to feel legitimated

incomprehensible

to undo sth